

Don't wait 'til it's too late.

If you're at risk for heart disease, the time to know is **now!**

*The more "yes" answers you have to these questions, the more likely you are to have a heart attack or stroke.**

YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	YES <input type="checkbox"/> <input type="checkbox"/> NO	
Are you male and 45 years of age or older? Are you female and 55 years of age or older?	Do you smoke or do you have extensive exposure to secondhand smoke?	Have you been diagnosed with diabetes, prediabetes, or metabolic syndrome?	Are you taking medication to treat high blood pressure, or is your blood pressure greater than 140/90?	Do you have a waist circumference of more than 40 inches? (If you don't know, use a tape measure to find out.)	Do you have an HDL, or "good," cholesterol level of less than 40 mg/dL?	Do you have an LDL, or "bad," cholesterol level of more than 130 mg/dL?	Do you have a family history of early heart disease?	Are your triglycerides greater than 150 mg/dL?	Is your fasting blood glucose greater than 100 mg/dL?	Do you have a homocysteine level of more than 12 μmol/L?	Do you have a C-reactive protein (CRP) level of more than 3 mg/L?	On average, do you spend less than two hours a week exercising (brisk walking, golf, active gardening) or exercising more vigorously (swimming, bicycling)?	Do you eat fewer than two servings of fish a week?	Do you eat fewer than five servings of fresh fruits and vegetables daily?	Do you eat lots of foods containing trans fatty acids (including most fast food, fried foods, and prepackaged baked goods)?

Our non-invasive 64-slice CT Calcium Scan takes just a few minutes.
If you have multiple "yes" answers, call today to schedule your scan.



The choice that makes a difference.

*A Calcium Score helps to detect hard plaque in your coronary arteries. It does not detect the presence of soft plaque and therefore is not conclusive of your risk of coronary artery disease. Positive findings may require further treatment and/or lifestyle modifications. Charge is \$250 and in most instances is not covered by insurance.

215 Anamaria Drive, Rapid City • **Call now! 605.721.4800 • Toll Free 888.826.3949**